

HOW TO COMPLETE & WRITE THE PERFECT ROUTE CARD

MAKE SURE YOU HAVE ALL THE BASIC DETAILS CORRECT AND COMPLETE:

- Day of week and date
- Which day of the expedition you're on (1, 2, 3 or 4)
- Names of all team members (first & second name)
- Aim of expedition (only for qualifying expeditions)
- Team name
- Setting out time

Divide your days route into legs of **NO MORE THAN 3km IN LENGTH AND NO LESS THAN 1.5km**

Each leg needs to start and finish at a feature (landmark) on the map, i.e. farm, footpath junction, road, etc.

Write the Grid Reference **AND** a description of the feature (landmark) at the **START** of the leg.

Example
GR 123456
Description:
Footpath junction

Write the Grid Reference **AND** a description of the feature (landmark) at the **END** of the leg.

Example
GR 789123
Description: Home Farm



DofE EXPEDITION ROUTE CARD (use one per day)



Team name: _____ Day number: _____ Day of week & Date: _____ / ____ / ____
 Aim of expedition: _____

Setting out time:	Names of team members:										
Leg no	Start of leg: Grid Ref' & description:	End of leg check point: Grid Ref' & description:	General direction or bearing	Distance in km	Height climbed in metres	Time allowed for travel	Time for aim, rests or meals	Total time for leg	Estimated time at end of leg	Brief details of route to be followed	Escape to:
1	From: GR Description:	To: GR Description:	←								
2	From: GR Description:	To: GR Description:	←								
3	From: GR Description:	To: GR Description:	←								
4	From: GR Description:	To: GR Description:	←								
5	From: GR Description:	To: GR Description:	←								
6	From: GR Description:	To: GR Description:	←								
7	From: GR Description:	To: GR Description:	←								
8	From: GR Description:	To: GR Description:	←								
Bronze: minimum of 6 hours of planned activity per day Silver: minimum of 7 hours of planned activity per day Gold: minimum of 8 hours of planned activity per day			Totals:							Finish time	Team Supervisor's name, location and Tel No:

COMPLETE ALL THESE DETAILS ACCURATELY FOR EACH LEG:

Bronze: Cardinal compass points (e.g. N, S, E, W, SE, etc.)
Silver/Gold: compass bearing (e.g. 256°).

Measure the distance between the start and end of the leg (e.g. 1.9km).

Measure the height climbed between the start and finish of the leg (e.g. 320m). **Ignore any height loss!**

Add time allowed for travel and time added for height climbed together.

Include time for aim, rests and lunch (**no more than 20 minutes for lunch**).

Add 'Total time allowed for travel' and 'Time for aim, rests or meals' together (hrs/mins).

Add the hrs/mins time in 'Total time for leg' to calculate ETA.

Write a brief, but **DETAILED** summary of your route between each leg, which will include **naming the various features** (landmarks) that you pass on route.

Your total time **MUST** equal or exceed the 'hours of planned activity' for the level you are undertaking, which are shown in this box.

Add up each column and put the totals here.

Copy the ETA from the last leg to here.

DO NOT COMPLETE THIS BOX.

Describe a point between the start and end of the leg where you could locate a landline telephone, if an emergency occurs, e.g. farm, pub, village, etc.